

## Art of Winning for young adults

Students of, DPS Megacity, of Class -6 were rewarded with a wonderful session on RESPONSIBILITY TRAINING by our ever enthusiastic Psychologist and consultant **,Ms. Salony Priya. The students enjoyed the session immensely as it gave them an insight** into a whole new world of optimistic thinking, quick memorizing tips, power of belief and positive attitudes and also the importance of making the correct decisions at the correct time.

The session commenced with an interesting ‘**Number Game**’ where Ms. Priya had flashed about ten five digit numbers for a minute and then asked the students to recall those numbers in the same sequence as they were displayed after removing them from the screen. Many students, tried and failed, except for four of our friends who finally could recollect them all correctly....well, Kudos to them”. It taught them that nothing is IMPOSSIBLE, it is only when we give up thinking ‘I cannot do, a task becomes impossible. Everything starts from your attitude and your belief, You can or You cannot ! The discussions were interesting students and gradually they were made to understand the messages from the game .Taking initiative, trying, not quitting actually made the students winners. So much was the motivation that by the end of the session almost everyone was able to accomplish a task that appeared impossible.

**Learning for students from the session were as –**

*I would definitely not think of cracking a difficult sum to be impossible from the next time” Subhangi Agarwal of class-6 B*

*“She explained to us how to balance our work and regular activities as well as find some extra time for our own self so as to develop some wonderful hobbies too.” Akashdeep Ghosh of Class-6*

*We should not complain about trivial things and in the process waste our valuable time.”” Adrija Khan of class -6*

*We should first think whether the matter is worth complaining or not, or are we ourselves capable of resolving the thing without anybody’s help” Namrata Kundu of Class-6*

The session was as usual extremely engaging and interesting. Children poured their heart out and came out with how they sometimes waste time unnecessarily. Ms. Salony Priya welcomed all their views and provided them with useful tips on better time management. **Aditya Gupta Rout of Class-6** summed up her love and adulation for Ms.Priya and her opinion about the session by saying ‘*Ms. Priya is one of the best teachers I have met. The way she presents herself, her kindness, and everything about her is worth praising. It was really a lesson for all of us to remember and apply in our day –to – day lives. I am sure it would make us successful individuals one day.*”

Ms .Priya opined that for us as teachers we need to use everyday classroom opportunities to reinforce responsibility training. Our job as teachers is *first*, to empower the students to make choices, and *then*, to teach them to make **good** choices. Responsibility Training, therefore, is a teaching paradigm as well. We, as teachers were also immensely enriched by the session and hope that the children carry back the message and retain it all through their lives.

**Dhrubani Banerjee, teacher mentor DPS Megacity .**

